

ANDREA BRITTON

**SOULFUL ENTREPRENEUR,
AUTHOR, AND INTUITIVE
EMPOWERMENT COACH**



Andrea Britton is a former chart-topping singer-songwriter turned creative entrepreneur, author, and soulful coach. After years performing on global stages and running successful businesses, a midlife awakening transformed her path. Based between the remote island Gozo, Malta and bustling London, Andrea helps creatives, freelancers, and entrepreneurs build meaningful lives and aligned businesses through grounded, spiritual coaching and digital resources.

Her story of reinvention from music industry success to soulful leadership is inspiring, honest, and deeply human. She offers a rare blend of creative experience, entrepreneurial insight, and intuitive wisdom that resonates with audiences navigating change, burnout, or the next evolution of their life's work.

“My work bridges strategy and soul, but it doesn't fit into one box, because we're not meant to. I coach individuals through life and business transformations, build brands that resonate, create and manage digital platforms, and curate uplifting, memorable experiences. At the heart of it lies a deep commitment to showing up authentically and living our lives fully.”

Andrea's first book, *Daily Reminders for Keeping It Real*, is a heartfelt collection of prompts and reflections for staying grounded in today's fast-paced world. She is the founder of three heart-led businesses, including a soulful festival in Gozo, and continues to write, speak and coach with a focus on conscious living, authentic growth, and self-trust.

Andrea brings warmth, wit, creativity, empowerment and insight to every conversation. She doesn't shy away from the messy middle, she lives in it. Whether your audience is navigating change, craving creative freedom, or simply ready for real talk and soul alignment, Andrea delivers.

CONTACT

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Substack: andreabritton.substack.com

TOPICS ANDREA CAN SPEAK ON:

Andrea is available to speak on a wide range of topics, including—but not limited to:

SPIRITUALITY, PERSONAL GROWTH & MODERN WOMANHOOD

- A personal journey from artist to entrepreneur to soul-led coach
- Healing after a Narcissistic relationship
- The Metox Movement ©. Conscious reinvention (*New book coming soon*)
- Midlife as a transformational and spiritual awakening (*Metox Sessions ©*)
- Life after burnout: slowing down without giving up
- What performing taught me about presence, people and purpose
- Living in Alignment: what it Really Means and How to Get There
- Ditching the people-pleasing
- Our relationships with money

ENTREPRENEURSHIP & BUSINESS WITH HEART

- Building aligned businesses in the digital age
- Leading with the heart
- Creating a winning personal brand
- Build, grow, and monetise your brand using AI.
- Soulful, energetic marketing: how to sell without selling out
- Creating your own rhythm: life beyond the hustle

CREATIVITY, EXPRESSION & CONNECTION

- *The Connection Cycle* ©
- The power of reinvention: turning creativity into a career
- How to write your first book (even when you're scared or stuck)
- Why your story matters (and how to start sharing it)

CONTACT & LINKS

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LATEST CREDITS

BOOK: DAILY REMINDERS FOR KEEPING IT REAL

Daily Reminders For Keeping It Real Is A Soulful Collection Of Timeless Wisdom, No-Nonsense Insights, Journal Prompts, And Thought-Provoking Quips To Keep You Grounded, Giggling And Rooted In Truth."

GUIDE SERIES: THE DIGITAL DOMINATION SERIES

The Digital Domination Series is the ultimate collection of step-by-step guides designed to help you build, grow, and monetise your brand in the digital age.

Whether you're an entrepreneur, freelancer, coach, small business owner, or creator, this series will show you exactly how to rise above the noise, work smarter with AI and automation, and turn your online presence into a thriving business. Stripping away the jargon, the fluff, and the overwhelm—and offering real, practical, proven strategies that get results.

Each guide in the series is laser-focused on a high-impact area of digital success.

- One Giant Leap Into AI Marketing
 - How to Create A Winning Personal Brand
 - AI For Freelancers And Creatives
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MUSIC - SINGLES

- Simple Things - HOUSEHEAD
 - In The Place I Love - HOUSEHEAD
 - Love Is In The Room - INFINITY MUSIC
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ARTICLES

[Reversing The People-Pleasing Trap](#)

[Be Your Own Hero](#)

[The Inherited Myth Of Money](#)

[The Ageless Revolution](#)

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